



**Registered Yoga School**

# Savoir Yoga

To Know (Oneself as the Yoga Itself)  
Teacher Training with Jolene Bayda & Troy Turi

## TO APPLY

- Complete this application and email to > [savoiryoga@gmail.com](mailto:savoiryoga@gmail.com)
- \$500 Registration Fee due upon acceptance to program — payable by credit card, e-transfer, cheque or cash. The non-refundable registration fee will be deducted from total tuition cost.

## APPLICATION:

Name:

Birth Date:

Email:

Phone #:

1. What is yoga to you? What led you to the mat?
2. Use three words to describe yourself?
3. Tell us something nobody else knows about you? (this doesn't need to be the biggest secret of your life) For ex: Jolene likes to eat toast before bed ;)
4. Are there any physical, mental or emotional instabilities that could affect your participation in this course? Are you currently taking any medications or undergoing physical therapy? If so, please list?
5. Thus far... What has been the best moment of your life, and why? Yoga related or not... (100 words)
6. Why have you chosen Savoir?